

U.I.L DISTRICT 31-5A



ATHLETIC PLAN AND GAME SCHEDULES



2019-2020

GIRLS SPORTS

VOLLEYBALL

BASKETBALL

SOCCER

CROSS COUNTRY

TRACK

TENNIS

GOLF

SWIMMING

SOFTBALL

BOYS SPORTS

FOOTBALL

BASKETBALL

SOCCER

CROSS COUNTRY

TRACK

TENNIS

GOLF

SWIMMING

BASEBALL

2019-2020
31-5A JUNIOR HIGH
EXECUTIVE COMMITTEE MEMBERS

PRINCIPAL	SCHOOL REPRESENTED	TELEPHONE
Ana Lisa Flores CHAIR AIFlor75@mcisd.org	Rafael Cantu Jr. High 5101 N. Stewart Rd. Palmhurst, TX 78573	(956) 323-7800 FAX: (956) 323-7880
SYLVIA GARCIA CO-CHAIR sgarci21@mcisd.org	Alton Memorial Jr. High 521 S. Los Ebanos Blvd Alton, TX 78574	(956) 323-5000 FAX (956) 323-8196
Antonio De La Cerda TREASURE adelacerda@vviewisd.net Tammie Garcia Tgarcia@vviewisd.net	Valley View Jr. High 9701 S. Jackson Early College Campus 3000 E. Dicker Rd. Pharr, TX 78577	(956) 340-1300 FAX: (956) 843-3031 (956) 340-1200 FAX: (956) 843-5002
Julie Carranza MEMBER Jcarranza@sharylandisd.org	B.L. Gray Jr. High 4400 Glasscock Mission Tx, 78572	(956) 580-5333 Fax (956) 580-5346
Brenda Betancourt MEMBER bkbeta@mcisd.org	K. White Jr. High 1101 W. Griffin Parkway Mission, TX 78572	956) 323-3600 FAX: (956) 323-3632
Adan Ramirez MEMBER aarami04@mcisd.org	Mission Junior High 415 E. 14th Street Mission, Tx 78572	956) 323-3300 FAX: (956) 323-3338
Lorene Bazan MEMBER lbazan@Sharylandisd.org	Sharyland North Jr. High 5100 Dove Ave McAllen, Tx 78504	956) 686-1415 FAX: (956) 668-0425

2019-2020
31-5A JUNIOR HIGH
EXECUTIVE COMMITTEE MEMBERS
ATHLETIC REPRESENTATIVES

SCHOOL	COACH	PHONE/FAX	CELL PHONE	E-MAIL
MISSION CISD Rafael Cantu Jr. High CAVALIERS	HECTOR RODRIGUEZ DEBBIE ESQUIVEL	(956) 323-5035 (956) 323-7830	(956) 432-5076 (956) 222-8812	hrodri62@mcisd.org dlesque83@mcisd.org
MISSION CISD ALTON MEM. JR. HIGH FALCONS	HOMER GARZA LAURA GARZA	(956) 323-5035 (956) 323-5030	(956) 451-7410 (956) 445-2529	hgarza2@mcisd.org lagarz27@mcisd.org
VALLEY VIEW ISD VALLEY VIEW JR. HIGH TIGERS	GENARO CANTU REMSE MONTEMAYOR	(956) 340-1300	(956) 907-7311 (956)207-0161	gcantu@vviewisd.net rlmontemayor@vviewisd.net
SHARYLAND ISD B.L. GRAY JR. HIGH RATTLERS	FRANK SILVA VELMA GARCIA	(956) 580-5333 ext.1640 (956) 580-5333 ext.1641 Fax (956)580-5346	(956) 605-9197 (956) 279-7804	fsilva@sharylandisd.org garcia@sharylandisd.org
MISSION CISD K-WHITE JR. HIGH HAWKS	JAVIER MARTINEZ NEVA JIMENEZ	(956) 323-3623 (956) 323-3622 FAX: (956) 323-3632	(956) 457-0279 (956) 624-8641	Jmarti58@mcisd.org NJimen23@mcisd.org
MISSION CISD MISSION JR. HIGH PATRIOTS	JAMES SANCHEZ PAMELA FLORES	(956) 323-3473 (956)323-3318 FAX: (956)323-3338	(956) 874-8340 (956) 309-5733	jasanch1@mcisd.org pflore50@mcisd.org
SHARYLAND ISD SHARYLAND NORTH DIAMONDBACKS	JEFF GETZ SHELLY VEST	(956) 686-1415 ext.3548 (956)686-1415 ext.3550 FAX: (956) 668-0425	(956) 648-4850 (956)330-7088	jgetz@sharylandisd.org svest@sharylandisd.org

DISTRICT 31-5A LOCATIONS FOR DISTRICT MEETS 2019-2020

DISTRICT CROSS -COUNTRY MEET.....	CANTU/MISSION JR
DISTRICT TENNIS.....	SHARYLAND
DISTRICT GOLF.....	VALLEY VIEW
DISTRICT TRACK & FIELD.....	K-WHITE/ALTON
DISTRICT SWIMMING.....	MJH
8 TH GRADE "A" VOLLEYBALL.....	SHARY NORTH
8 TH GRADE "B" VOLLEYBALL.....	K-WHITE/ALTON
7 TH GRADE "A" VOLLEYBALL.....	MJH
7 TH GRADE "B" VOLLEYBALL.....	VALLEY VIEW
8 TH GRADE "A" BASKETBALL GIRLS.....	B.L. GRAY
8 TH GRADE "B" BASKETBALL GIRLS.....	VALLEY VIEW
7 TH GRADE "A" BASKETBALL GIRLS.....	ALTON/K-WHITE
7 TH GRADE "B" BASKETBALL GIRLS.....	CANTU
8 TH GRADE "A" BASKETBALL BOYS.....	B.L. GRAY
8 TH GRADE "B" BASKETBALL BOYS.....	CANTU
7 TH GRADE "A" BASKETBALL BOYS.....	SHARY NORTH
7 TH GRADE "B" BASKETBALL BOYS.....	ALTON/K-WHITE
7 th Grade Baseball.....	SHARY NORTH/B.L. GRAY
8 th Grade Baseball.....	MJH/VALLEY VIEW
7 th Grade Softball.....	CANTU
8 th Grade Softball.....	VALLEY VIEW
7 TH GRADE BOYS SOCCER.....	VALLEY VIEW
8 TH GRADE BOYS SOCCER.....	CANTU
7 TH GRADE GIRLS SOCCER.....	SHARY NORTH
8 TH GRADE GIRLS SOCCER.....	CANTU

**** All games will begin at 5:30 pm on weekdays/ Football games will begin at 5:30 pm on Weekdays**
**** All games will begin at 8:00 am on weekends/ Tournaments will begin at 8:00 am on Saturdays**
**** Soccer games will begin at 5:00 pm on weekdays/Tournaments will begin at 8:00 am on Saturdays**

ROTATION SCHEDULE FOR TRACK, CROSS COUNTRY AND GOLF

	<u>GOLF</u>	<u>CROSS COUNTRY</u>	<u>TRACK</u>
2019-2020	VALLEY V	CANTU/MJH	K-WHITE/ALTON
2020-2021	ALTON/K-W	SHARYLAND	VALLEY VIEW
2021-2022	S. NORTH	K-WHITE/ALTON	CANTU/MJH
2022-2023	CANTU/MJH	VALLEY VIEW	SHARYLAND

DISTRICT START & END DATES

2019-2020

SPORT:

STARTS:

ENDS:

VOLLEYBALL

September 6

October 21

FOOTBALL

September 9

October 29

GIRLS BASKETBALL

November 1

December 16

BOYS SOCCER

November 1

December 16

BASEBALL

November 1

December 17

CROSS-COUNTRY

November 7

December 14

BOYS BASKETBALL

January 10

February 17

GIRLS SOCCER

January 10

February 17

TRACK & FIELD

February 27

April 1

SOFTBALL

April 2

May 14

TENNIS

October 12

February 1

GOLF

April 2

May 1

SWIMMING

March 28

May 2

IMPORTANT DATES

2019-2020

MONDAY AUGUST 19/26, 2019 FIRST DAY OF SCHOOL

FRIDAY / SATURDAY SEPT. 6 & 7	NON- DISTRICT VOLLEYBALL TOURNAMENT
FRIDAY / SATURDAY SEPT. 13 & 14	NON-DISTRICT VOLLEYBALL TOURNAMENT
FRIDAY/SATURDAY NOV. 1 & 2	NON- DISTRICT GIRLS BASKETBALL TOURNEY
FRIDAY/SATURDAY NOV. 8 & 9	DISTRICT/NON-DISTRICT GIRLS BASKETBALL TOURNEY
FRIDAY/SATURDAY NOV. 1 & 2	NON DISTRICT BOYS SOCCER TOURNAMENT
FRIDAY/ SATURDAY NOV. 8 & 9	DISTRICT/NON-DISTRICT BOYS SOCCER TOURNAMENT
FRIDAY/SATURDAY NOV. 1 & 2	NON DISTRICT BASEBALL TOURNAMENT
FRIDAY/SATURDAY NOV. 15 & 16	NON DISTRICT BASEBALL TOURNAMENT
FRIDAY/SATURDAY JAN. 10 & 11	NON DISTRICT BOYS BASKETBALL TOURNEY
FRIDAY/SATURDAY JAN. 17 & 18	DISTRICT/NON DISTRICT BOYS BASKETBALL TOURNEY
FRIDAY/SATURDAY JAN. 10 & 11	NON-DISTRICT GIRLS SOCCER TOURNAMENT
THURS. /SATURDAY JAN 17 & 18	NON-DISTRICT GIRLS SOFTBALL TOURNAMENT
FRIDAY /SATURDAY JAN 24 & 25	NON-DISTRICT GIRLS SOCCER TOURNAMENT
THURS. /SATURDAY JAN 31 & FEB 1	NON-DISTRICT GIRLS SOFTBALL TOURNAMENT
SATURDAY DEC. 14	DISTRICT CROSS COUNTRY MEET
SATURDAY FEB. 1	DISTRICT TENNIS TOURNAMENT
TBA APRIL	DISTRICT TRACK & FIELD
FRIDAY MAY 1	DISTRICT GOLF
SATURDAY MAY 2	DISTRICT SWIMMING

STUDENT ELIGIBILITY FOR JUNIOR HIGH ATHLETICS 2019-2020

Section 1400: JUNIOR HIGH (7TH & 8TH GRADE)

(a) ELIGIBILITY REQUIREMENTS FOR 7TH AND 8TH GRADE PARTICIPANTS.

- (1) Student's Eligibility. An individual may participate in League competition or contest as a representative of the participant school he/she attends if that student has been in attendance and has passed the number of courses required by state law and by rules of the State Board of Education, and is passing the number of courses required by state law and by rules of the State Board of Education.
- (2) The Constitution and Contest Rules does not prohibit junior high students from competing at a grade level higher than the one in which they are enrolled. Refer to Subchapter M for high school eligibility standards.
- (3) To participate in athletic competition, a student who initially entered the 7th or 8th grade during the current school year and has a special needs condition which delayed his or her education by at least one year, and students who are overage due to limited English proficiency, and who have substantiation from a language proficiency assessment committee, may petition the UIL to participate at grade level. The following must be submitted to the UIL for eligibility determination (not required for non-athletic competition.)
 - (A) A special education student must provide documentation of a special education status and documentation that a disability delayed his or her education by at least one year.
 - (B) A student with a history of a disability must provide documentation from a 504 committee or an ARD committee proving the existence and length of time of the disability that caused the delay of at least one year in his or her education.
 - (C) A student with limited English proficiency must provide documentation of their recommendation of the LPAC.
 - (D) Students must provide documentation of date of birth and a copy of a current physical, including height and weight.
 - (E) The district executive committee may appeal the decision of the UIL to the State Executive Committee.

Section 1478: SEVENTH AND EIGHTH GRADE ATHLETIC PLAN

(B) ELIGIBILITY REQUIREMENTS FOR SEVENTH AND EIGHTH GRADE PARTICIPANTS. An individual may participate in League athletic competition or contest as a representative of a participant school if he/she: (1) Has met the requirements of Section 1400 (a) regarding general eligibility: (2) For seventh grade athletic competition, **has not reached his/her 14th birthday on or before September 1**, and has not enrolled in the ninth grade. (3) For eighth grade athletic competition, **has not reached his/her 15th birthday on or before September 1ST** and has not enrolled in the ninth grade.

DISTRICT 31-5A U.I.L. EXECUTIVE COMMITTEE

Penalty for Student Disciplinary Ejections

During U.I.L. Sport Events

Effective October 2010

The purpose of ensuring student safety and sportsmanship during all U.I.L. sporting events, the District 31-5A U.I.L executive Committee hereby imposes the following disciplinary penalty to any student ejected from a game for fighting or engaging in unnecessary physical activity.

This Committee hereby moves that all Middle and Junior High School students in District 31-5A who are ejected from an athletic event by an official for fighting or engaging in serious unnecessary physical contact, which includes hitting, slapping, punching, biting, spitting, scratching, or kicking, and as determined excessive by the presiding official, shall be suspended from U.I.L. play and practices for the following game or sporting event in which they are involved in.

Students who are ejected from an athletic event for a second fight in a year shall be suspended from play for the remainder of the season or 30 days, whichever is longer. This suspension may carry over to another sport should the suspension window go beyond the athletic event in which the expulsion occurred. In addition, this committee further asserts that all ejection decisions rendered by an official shall stand as called on the field or court, and shall not be appealable to the U.I.L. Executive Committee for reconsideration or reversal.

Lastly, the Committee determines that the host school of any student who is ejected from a game shall notify the Executive committee Chairperson through the "Ineligible Notice for Ejected Players" form within 48 hours of the incident.

- **Students who fight during a game and are not ejected by the officials will only be subject to home school disciplinary consequences as determined by the school administrator.**

**DISTRICT 31-5A
INELIGIBLE NOTICE
FOR EJECTED PLAYERS**

Students Name: _____ **ID #:** _____

D.O.B.: _____ **Grade:** _____

Team: _____ **Event:** _____

Players #: _____ **Incident Date:** _____

Ineligible Date: _____

Explanation: _____

Administrator in Charge: _____

School: _____

FOOTBALL SCHEDULE

2019-2020

7TH & 8TH GRADE

MONDAY	SEPT 9	7 TH NON-DISTRICT GAME
TUESDAY	SEPT 10	8 TH NON-DISTRICT GAME
MONDAY	SEPT 16	7 TH DISTRICT GAME
TUESDAY	SEPT 17	8 TH DISTRICT GAME
MONDAY	SEPT 23	7 TH DISTRICT GAME
TUESDAY	SEPT 24	8 TH DISTRICT GAME
MONDAY	SEPT 30	7 TH DISTRICT GAME
TUESDAY	OCT. 1	8 TH DISTRICT GAME
MONDAY	OCT. 7	7 TH DISTRICT GAME
TUESDAY	OCT. 8	8 TH DISTRICT GAME
MONDAY	OCT. 14	7 TH DISTRICT GAME
TUESDAY	OCT. 15	8 TH DISTRICT GAME
MONDAY	OCT. 21	7 TH DISTRICT GAME
TUESDAY	OCT. 22	8 TH DISTRICT GAME
MONDAY	OCT. 28	7 TH DISTRICT GAME
TUESDAY	OCT. 29	8 TH DISTRICT GAME

FOOTBALL SCHEDULE

2019-2020

8th & 7th GRADE

***NON-DISTRICT GAME**

<u>SEPT. 9 & 10(MON/TUE)</u>	<u>SEPT. 16 & 17(MON/TUE)</u>	<u>SEPT. 23 & 24(MON/TUE)</u>
CANTU @ K-WHITE	V. VIEW @ BL GRAY	BL GRAY @ K-WHITE
MJH @ ALTON	K. WHITE@MJH	MJH @ CANTU
NORTH @ RGC	CANTU @ ALTON	NORTH @ V. VIEW
BL GRAY @ RGC	NORTH (BYE)	ALTON (BYE)

<u>SEPT 30/OCT 1(MON/TUE)</u>	<u>OCT. 7 & 8 (MON/TUE)</u>	<u>OCT. 14 & 15(MON/TUE)</u>
K-WHITE @ CANTU	ALTON @ K.WHITE	V.VIEW@K.WHITE
V. VIEW @ ALTON	BL GRAY @ NORTH	NORTH@CANTU
NORTH@MJH	MJH @ V. VIEW	BL GRAY@ ALTON
BL GRAY (BYE)	CANTU (BYE)	MJH (BYE)

<u>OCT. 21 & 22 (MON/TUE)</u>	<u>OCT. 28 & 29 (MON/TUE)</u>
CANTU @ V. VIEW	CANTU @ BL GRAY
ALTON@NORTH	ALTON @ MJH
MJH@BL GRAY	K.WHITE @ NORTH
K. WHITE (BYE)	V. VIEW (BYE)

*Non-District Game

** 7th GRADE WILL PLAY ON MONDAY

** 8th GRADE WILL PLAY ON TUESDAY

** (B) TEAMS WILL PLAY AT OPPOSITE SITE

DISTRICT 31-5A FOOTBALL

2019-2020



I. District Competition

1. District competition consists of 7 district schools
2. Extra Point: Kick = 2pts, Runner or Pass = 1pt

II. Game Days and Sites

1. 8th grade "A" will play on Tuesday night "B" team will play opposite site.
2. 7th grade "A" will play on Monday night "B" team will play opposite site.
3. Games begins at 5:30 pm
4. 15 minute warm up time for the "A" teams will be given even upon late arrival
5. 8th grade teams - 8 minute quarters
6. 7th grade teams - 8 minute quarters
7. Coaches may mutually agree to modify these times

III. Game Uniforms and Equipment

1. Each school will provide their own footballs

Optional use of:

- 7th- Youth size 8/Wilson Football or equal. NO COMPOSITES must be Leather
- 8th regular Leather Footballs, NO COMPOSITES

2. Home team will wear dark jerseys
3. Visiting team will wear light jerseys

IV. Officials

1. It is recommended that the home school will provide 3 officials if possible but not less than 2.
2. Each school must provide a chain gang ready to go at game time.
3. Every effort should be made to ensure that the games will be played even if a coach has to officiate the games. This should be mutually agreed upon by both coaches and administrators.
4. Referees must refer/adhere to District Plan.
5. Officials cannot decide to run the clock. Only the coaches if both agree, will decide to run the clock.

V. **OFFICIAL GAMES**

1. Games will be counted towards district record if 2 quarters have been completed. After half time, a game will be considered a game, if the game has to end early.
2. The team with the most points will win the game. (UIL Executive Board minutes 10-26-06)
3. Each team will play at least until half time to call it a game. If not, the game does not count towards the standing. (UIL Executive Board minutes 10-26-06)

VI. **2nd Half Rule: 30 points**

1. Coaches have the right to approach opposing coach at any point in the second half of the game and request the coach to run the clock as to not run up the score. The Officials do not decide.

VII. **Home Team Responsibilities**

1. Must provide access to sideline benches.
2. Ambulance/ Medical service on site.
3. Campus Administrator on site.
4. Each team must provide own water and cups.
5. **Adult scorekeeper / clock operator**

VIII. **Fees**

1. \$2.00 for adults and \$1.00 for students. Any child under the age of 4 will go in free

*******Weather may not cause a game to be forfeited if this occurs; the game needs to be rescheduled within the week or sometime before the season ends.**

***** Schools must provide workers who have prior knowledge in the event they are working on. If a problem occurs, the school coach must provide a football coach to continue with the event in question.**

VOLLEYBALL SCHEDULE

2019-2020

7TH & 8TH GRADE

FRIDAY	Sept. 6	NON-District Game
SATURDAY	Sept. 7	NON-District Tournament
MONDAY	Sept. 9	DISTRICT GAME
FRIDAY	SEPT. 13	DISTRICT GAME
SATURDAY	Sept. 14	NON-District Tournament
MONDAY	Sept. 16	DISTRICT GAME
MONDAY	Sept. 23	DISTRICT GAME
MONDAY	Sept. 30	DISTRICT GAME
MONDAY	Oct. 7	DISTRICT GAME
TUESDAY	Oct. 15	DISTRICT GAME
MONDAY	Oct. 21	DISTRICT GAME

VOLLEYBALL SCHEDULE

2019-2020

8th GRADE

TOURNAMENT GAME NON-DISTRICT (Fri-Sat.)

SEPT. 6(FRIDAY)

BL GARY @ K-WHITE
NORTH @ V. VIEW
CANTU @ MJH
ALTON (BYE)

SEPT. 9 (MON)

V. VIEW @ BL GRAY
K-WHITE @ MJH
CANTU @ ALTON
NORTH (BYE)

TOURNAMENT GAME NON-DISTRICT (Fri-Sat.)

SEPT. 13 (FRIDAY)

K-WHITE @ BL GRAY
V. VIEW @ ALTON
MJH @ NORTH
CANTU (BYE)

SEPT. 16 (MON)

BL GRAY @ K-WHITE
MJH @ CANTU
NORTH @ V. VIEW
ALTON (BYE)

SEPT. 23 (MON)

K-WHITE @ CANTU
V. VIEW @ ALTON
NORTH @ MJH
BL GRAY (BYE)

SEPT. 30 (MON)

ALTON @ K-WHITE
BL GRAY @ NORTH
MJH @ V. VIEW
CANTU (BYE)

OCT. 7 (MON)

V. VIEW @ K-WHITE
NORTH @ CANTU
BL GRAY @ ALTON
MJH (BYE)

OCT. 15(TUES)

CANTU @ V VIEW
ALTON @ NORTH
MJH @ BL GRAY
K-WHITE (BYE)

OCT 21. (MON.)

CANTU @ BL GRAY
ALTON @ MJH
K-WHITE @ NORTH
V. VIEW (BYE)

***NON-DISTRICT TOURNAMENT

FRIDAY/SATURDAY, SEPT. 6 & 7

***NON-DISTRICT TOURNAMENT

FRIDAY-SATURDAY, SEPT. 13 & 14

**** 8TH GRADE TEAMS WILL FOLLOW SCHEDULE

**** 7TH GRADE TEAMS WILL PLAY AT OPPOSITE SITES

**** "B" TEAMS WILL PLAY FIRST

**** REMINDER: GRADE LEVEL TEAMS TRAVEL TOGETHER.

DISTRICT 31-5A

VOLLEYBALL PLAN 2019-2020



I. Scoring and New Rule

1. Scoring will include 2 out of 3 games; rally score to 25 with a two (2) point advantage. Cap at 30
2. Third game to 25 points cap at 30
3. Net serve is allowed
4. Libero rule will be in effect (must be in different uniform)
5. Added rule: Libero will be allowed to serve in one rotational position in the course of the game.
6. No excessive celebration after game. (Example banging on gym floor)

II. Pre-Game Warm-Up Time

1. 10 minutes to be put on the game clock before game time
2. 4 minutes on the court visiting team
3. 4 minutes on the court home team
4. 2 minutes shared serving
5. Pre-game music must have principal approval

III. Match Limitations

1. No team or player may participate in more than twelve matches plus two individual tournaments in a season. This shall be inclusive of both district and non-district games.
2. All junior high teams are allowed one contest per week.
3. "B" teams will be required to play a mandatory third game even if the winner has been determined in the first two games. Any student who has not played in the first two games must be allowed to participate in the entire 3rd game. The scoring of this game will be Cap at 25. No courtesy game in tournament play and 3rd game will be cap at 15.

IV. Official SHALL BE members of TASO

1. Official Fees: **(UIL) TWO OFFICIALS (CHAPTER MEMBERS) SHALL BE ASSIGNED**
2. An adult must run the book, and the Clock for District game/1 adult for book tournament
3. Home team shall provide 6-8 volleyballs and a cart or rack for the visiting team only during district games and tournaments.
4. One linesman shall be provided by each team and that linesman may be a manager or a player in games and tournaments.
5. District Ball - **MUST BE AN APPROVED UIL CONTEST BALL**
6. Net Height 7'4 1/4
7. If officials leave during courtesy game, the coaches **MUST** officiate the game
8. If only one association official is present, a coach will then have to officiate the game.
9. Officials must refer/adhere to District Plan

V. Scheduling

1. 7th and 8th grade games will be played on Monday nights. **8TH teams** will follow the schedule. **7TH team** will play at opposite site. The **"B" team** will play at **5:30 pm** and the **"A" team** will play at **6:30 pm**
2. Communicate prior to game to confirm times
3. If team is going to be late, game will still be played; late team will be allowed 10-minute warm-up prior to starting the game.
4. All necessary efforts must be made to play game.

VI. Home Team Must Provide

1. Administrator on site
2. Water and Cups/Squirt Bottles
3. Dressing Rooms
4. 6-8 practice balls
5. First Aid equipment including ice
6. **Adult scorekeeper / clock operator**

***** Schools must provide adult workers who have prior knowledge in the event they are working on. If a problem occurs, the school coach must provide a volleyball coach to continue with the event in question.**

***** TOURNAMENT TROPHIES INCLUDE 1-2-3 PLACE**

GIRLS BASKETBALL SCHEDULE

2019-2020

7th & 8th GRADE

FRIDAY	NOV. 1	NON-DISTRICT GAME
SATURDAY	Nov. 2	NON-DISTRICT TOURNAMENT
MONDAY/ TUESDAY	Nov. 4/5	DISTRICT GAME
FRIDAY	NOV. 8	DISTRICT GAME
SATURDAY	NOV. 9	NON DISTRICT TOURNAMENT
MONDAY	Nov. 11	DISTRICT GAME
MONDAY	Nov. 18	DISTRICT GAME
MONDAY	DEC. 2	DISTRICT GAME
MONDAY	DEC. 9	DISTRICT GAME
MONDAY	DEC. 16	DISTRICT GAME

GIRLS BASKETBALL SCHEDULE

2019-2020

8th Grade

NON-DISTRICT GAME (FRI.) TOURNAMENT (SAT.)

NOV. 1 & 2

V. VIEW @ CANTU
ALTON @ MJH
BL GRAY @ NORTH
K-WHITE (BYE)

NOV.4/5 (MON /TUE)

V. VIEW @ BL GRAY
K WHITE @ MJH (TUE)
CANTU @ ALTON(TUE)
NORTH (BYE)

DISTRICT GAME (FRI.) NON-DISTRICT (SAT.)

NOV. 8 & 9

BL GRAY @ K-WHITE
MJH @ CANTU
NORTH @ V. VIEW
ALTON (BYE)

NOV. 11(MON)

K-WHITE @ CANTU
V. VIEW @ ALTON
NORTH @ MJH
BL GRAY (BYE)

NOV. 18 (MON)

ALTON @ K-WHITE
BL GRAY @ NORTH
MJH @ V. VIEW
CANTU (BYE)

DEC. 2 (MON)

V. VIEW @ K-WHITE
NORTH @ CANTU
BL GRAY @ ALTON
MJH (BYE)

DEC. 9 (MON)

CANTU @ V.VIEW
ALTON @ NORTH
MJH @ BL GRAY
K-WHITE (BYE)

DEC. 16 (MON)

CANTU @ BL GRAY
ALTON @ MJH
K-WHITE @ NORTH
V. VIEW (BYE)

*** NON-DISTRICT BASKETBALL TOURNAMENT NOV. 1&2

*** DISTRICT BASKETBALL TOURNAMENT NOV. 8 &9

**** 8TH GRADE TEAMS WILL FOLLOW SCHEDULE

**** 7TH GRADE TEAMS WILL PLAY AT OPPOSITE SITES

**** "B" TEAMS WILL PLAY FIRST @ 5:30

**** REMINDER: GRADE LEVELS TRAVEL TOGETHER

TOURNAMENT TROPHIES 1-2-3 PLACE

BOYS BASKETBALL SCHEDULE

2019-2020

7th & 8th GRADE

FRIDAY/SATURDAY	JAN. 10-11	NON- DISTRICT TOURNAMENT
MONDAY	JAN. 13	DISTRICT GAME
FRIDAY	JAN. 17	DISTRICT GAME
SATURDAY	JAN. 18	NON-DISTRICT TOURNAMENT
MONDAY	JAN. 20	DISTRICT GAME
MONDAY	JAN. 27	DISTRICT GAME
TUESDAY	FEB. 4	DISTRICT GAME
MONDAY	FEB. 10	DISTRICT GAME
MONDAY	FEB. 17	DISTRICT GAME

BOYS BASKETBALL SCHEDULE

2019-2020

8th GRADE

NON-DISTRICT TOURNAMENT (Friday)

JAN. 10/11 (FRI/SAT)

ALTON @ CANTU
V.VIEW @ NORTH
MJH @ BL GRAY
K-WHITE (BYE)

JAN. 13 (MON)

V. VIEW @ BL GRAY
K. WHITE@MJH
CANTU@ALTON
NORTH (BYE)

DISTRICT TOURNAMENT GAME (Friday)

JAN. 17/18 (FRI/SAT)

BL GRAY@K.WHITE
MJH @ CANTU
NORTH @ V. VIEW
ALTON (BYE)

JAN. 20 (MON)

K.WHITE@CANTU
V. VIEW @ ALTON
NORTH@MJH
BL GRAY (BYE)

JAN. 27 (MON)

ALTON@K.WHITE
BL GRAY@NORTH
MJH@V.VIEW
CANTU (BYE)

FEB. 4(TUE)

V.VIEW@K.WHITE
NORTH@CANTU
BL GRAY@ ALTON
MJH (BYE)

FEB. 10 (MON)

CANTU @ V. VIEW
ALTON@NORTH
MJH@BL GRAY
K. WHITE (BYE)

FEB. 17 (MON)

CANTU@BL GRAY
ALTON@MJH
K.WHITE@NORTH
V. VIEW (BYE)

*** NON DISTRICT BASKETBALL TOURNAMENT

***DISTRICT/NON DISTRICT BASKETBALL TOURNAMENT

JAN. 10 & 11

JAN. 17 & 18

**** 8TH & 7TH "A" TEAMS WILL FOLLOW SCHEDULE

**** 8TH & 7TH "B" TEAMS WILL PLAY AT OPPOSITE SITES

**** 7TH GRADE WILL PLAY FIRST

DISTRICT BOYS AND GIRLS

BASKETBALL PLAN 2019-2020



- I. **GAME BALL**
 1. Approved by UIL
- II. **Officials should be members of TASO for all games**
 1. Officials will be paid as per UIL schedule
- III. **Starting times will be as follows:**
 1. The 7th grade Team (BOYS), B teams (GIRLS) will begin at 5:30 pm.
 2. The 8th grade Team (BOYS), A team (GIRLS) will begin 10 min. after conclusion of 5:30 game
 3. There will be 8 minute quarters and 5 min. halves
- IV. It is **mandatory** that an **adult run the home book and clock** for all District games.
 1. Home team will wear light uniform and visiting team dark unless mutually agreed by both teams to reverse colors.
- V. **Pre- Game Music must be approved by campus Principal.**
 1. 10 minute warm up time. Shared court
- VI. **Scheduling**
 1. 7th and 8th grade games will be played on Monday nights. **8TH GRADE teams** will follow the schedule. **7TH GRADE team** will play at opposite site. The **"B" team** will play at **5:30 pm** and the **"A" team** will play 10 minutes after the COMPLETION OF THE "B" team game.
 2. Communicate prior to game to confirm time arrival.
 3. **If team is going to be late the game must still be played; late team will be allowed 10-minute warm-up prior to starting the game.**
 4. All necessary efforts must be made to play the game (including the coaches calling the game)
 5. **Tournaments**-The clock will be set with the same amount of time. However, the 1st and 3rd quarter will have a running clock.
 6. **Tournaments- 1st/3rd quarters clock will STOP at free throws and time-outs.**
 7. For District/Tournaments Overtime will be 4 minutes; 1-full and 1-30sec will be awarded to each team. Overtime Clock only stops on free throws or time outs. All Overtime after that will be 2 Minutes, increments with 1-30 sec timeout until a winner has been determined.
 8. No excessive celebration after game. (Example banging on gym floor)

VII. Home team must provide:

1. Administrator onsite
2. Water and Cups
3. Dressing room facilities
4. 4 basketballs visiting team
5. First Aid equipment including ice
6. **Adult scorekeeper / Clock Operator**

VIII. 2nd Half Rule: 30 points

1. Coaches have the right to approach opposing coach at any point in the second half of the game and request the coach to run the clock as to not run up the score.
2. **No full court pressing after the score is up over 30 pts. Must play zone.**

***** Schools must provide workers who have prior knowledge in the event they are working on. If a problem occurs, the school coach must provide a basketball coach to continue with the event in question.**

GIRLS SOCCER SCHEDULE

2019-2020

7th & 8th GRADE

FRIDAY/SATURDAY	JAN. 10/11	NON-DISTRICT TOURNAMENT
MONDAY	JAN. 13	DISTRICT GAME
FRIDAY	JAN. 17	DISTRICT GAME
SATURDAY	JAN. 18	NON-DISTRICT TOURNAMENT
MONDAY	JAN. 20	DISTRICT GAME
MONDAY	JAN. 27	DISTRICT GAME
TUESDAY	FEB. 4	DISTRICT GAME
MONDAY	FEB. 10	DISTRICT GAME
MONDAY	FEB. 17	DISTRICT GAME

GIRLS SOCCER SCHEDULE

2019-2020

8th GRADE

NON-DISTRICT TOURNAMENT (FRI. /SAT)

JAN. 10/11

ALTON @ CANTU
MJH @ V. VIEW
NORTH @ BL GRAY
K-WHITE (BYE)

JAN. 13 (MON)

V.VIEW @ BL GRAY
K-WHITE @ MJH
CANTU @ ALTON
NORTH (BYE)

DISTRICT GAME (FRI) TOURNAMENT (SAT)

JAN. 17/18

BL GRAY @ K-WHITE
MJH @ CANTU
NORTH @ V.VIEW
ALTON (BYE)

JAN. 20 (MON)

K-WHITE@CANTU
V. VIEW @ALTON
NORTH @ MJH
BL GRAY (BYE)

JAN. 27 (MON)

ALTON @ K-WHITE
BL GRAY @ NORTH
MJH @ V. VIEW
CANTU (BYE)

FEB. 4(TUES)

V. VIEW @K-WHITE
NORTH @ CANTU
BL GRAY@ ALTON
MJH (BYE)

FEB. 10 (MON)

CANTU @ V. VIEW
ALTON @ NORTH
MJH @ BL GRAY
K-WHITE (BYE)

FEB. 17 (MON)

CANTU @ BL GRAY
ALTON @ MJH
K-WHITE @ NORTH
V. VIEW (BYE)

***NON-DISTRICT SOCCER TOURNAMENT

JANUARY 10 & 11

***DISTRICT GAME/NON DISTRICT SOCCER TOURNAMENT JANUARY 17 & 18

***7th GRADE WILL PLAY AT OPPOSITE SITE

TOURNAMENT TROPHIES 1-2-3 PLACE

BOYS SOCCER SCHEDULE

2019-2020

7th & 8th GRADE

FRIDAY	NOV. 1	NON-DISTRICT
SATURDAY	NOV. 2	NON-DISTRICT TOURNAMENT
MONDAY	NOV. 4	DISTRICT GAME
FRIDAY	NOV. 8	DISTRICT GAME
SATURDAY	NOV. 9	NON-DISTRICT TOURNAMENT
MONDAY	NOV. 11	DISTRICT GAME
MONDAY	NOV. 18	DISTRICT GAME
MONDAY	DEC. 2	DISTRICT GAME
MONDAY	DEC. 9	DISTRICT GAME
MONDAY	DEC. 16	DISTRICT GAME

BOYS SOCCER SCHEDULE

2019-2020

8TH GRADE

TOURNAMENT
NON-DISTRICT (Friday/Sat)
Nov. 1 (FRI)

V. VIEW @ BL GRAY
 NORTH @ CANTU
 ALTON @ MJH
 K-WHITE (BYE)

Nov.4 (MON)

V. VIEW @ BL GRAY
 K. WHITE@MJH
 CANTU@ALTON
 NORTH (BYE)

DISTRICT GAME (FRIDAY)
NON-DISTRICT (SATURDAY)
NOV. 8 (FRI)

BL GRAY@K.WHITE
 MJH @ CANTU
 NORTH @ V. VIEW
 ALTON (BYE)

NOV. 11 (MON)

K.WHITE@CANTU
 V. VIEW@ ALTON
 NORTH@MJH
 BL GRAY (BYE)

NOV. 18 (MON)

ALTON@K.WHITE
 BL GRAY@NORTH
 MJH@V.VIEW
 CANTU (BYE)

Dec. 2(MON)

V.VIEW@K.WHITE
 NORTH@CANTU
 BL GRAY@ ALTON
 MJH (BYE)

DEC. 9 (MON)

CANTU @ V. VIEW
 ALTON@NORTH
 MJH@BL GRAY
 K. WHITE (BYE)

DEC. 16 (MON)

CANTU@BL GRAY
 ALTON@MJH
 K.WHITE@NORTH
 V. VIEW (BYE)

***NON-DISTRICT SOCCER TOURNAMENT

***DISTRICT/ NON-DISTRICT SOCCER TOURNAMENT

***7th GRADE WILL PLAY AT OPPOSITE SITE

November 1 & 2

NOVEMBER 8 & 9

BOYS AND GIRLS SOCCER PLAN

2019-2020



I. Game Days and Times

1. Soccer Games will be played on Monday
2. Starting time 5:00 pm
3. tournament will include Friday and Saturday

II. Time Schedule

1. Pre-game warm-up schedule: Each team will be allowed ample time to warm up on the playing field prior to the start of the game.
2. Teams may take additional warm-up in a designated area provided by the home team

III. Game Site

1. The home team will designate the site of the game

IV. Postponed games

1. In the event of a postponed game due to inclement weather, the game will be rescheduled for the same week up to Saturday.

V. Officials

1. Must be with the association
2. Will be paid in accordance with UIL rules

VI. Assignment

1. Two officials (at least 1 for junior high), assigned by the assigning secretary, will be paid for by the home team.
2. If a visible time clock is available, it must be used and will keep the official time. If a visible time clock is unavailable, the center referee will keep the official time

VII. Lack of Officials

1. If only one official shows up: Game will be played. If no officials show up, the game must be officiated by another Coach or school personnel.
2. Cannot use people from the stands to assist the official present. Must be school personnel.
3. There will be no overtime played in sub-varsity games

***** 5 Goal Rule: If a team is up by 5 goals at any time during a game, the team with the lead must substitute starters and or play at mid field for the remainder of the game. The team leading by 5 goals may not attempt to score anymore more points. ****

VIII. Rules

4. The UIL Rules shall govern district soccer. Recommendations from rulebook should be adhered to.

5. **District games will end in ties for district record. In tournament play, teams will have 3 penalty kicks to determine which team advances to the next round, still tie go to 1 & 1 until a winner is determined. *any player on roster eligible to play can be used for penalty kicks*.**
6. Game becomes official at half time, due to weather or unforeseen circumstances.
7. Tournament games will consist of two 20 minute halves. 5 minutes half time
8. No excessive celebration after game.
9. Officials refer/adhere to District plan.
10. **Adult scorekeeper / clock operator**

VIII. Game Ball

1. The game ball shall be any approved ball according to UIL rule, size #5 ball. Home team will provide two game balls
2. Home team will provide at least two ball boys/girls.

IX. Game Field

1. The field dimension shall be minimum 65-85 yards wide by 110-120 yards long.

X. Game Time

1. 25 minute halves and 5 minute half time

XI. Jersey Color

1. The home team will wear dark jerseys, while the visiting team will wear light jerseys.
2. # will be given at the beginning of season and list provided by school.
3. Additional changes can be made at game time.

XII. Security

1. The administrator is responsible for security purposes. The coaches are responsible for behavior of their teams on the field

XIII. RED AND YELLOW CARDS:

1. **Yellow card**--- player leaves the field but another player can be substituted. Once play is resumed yellow carded player can return to the game.
2. **Red Card** ---Player is ejected from the game and cannot substitute another player. The player is also suspended from the next consecutive game.

XIV. Tie Games

1. Soccer results with at Tie counting as a Half -win and Half-loss.

XV. Game Rosters

1. Home team/hosting team must supply game report prior to game. Following the game- must submit report to district chair. No later than 24 hours from game ended.
2. In order to keep record of red and yellow cards, roster must be turn in next day after every game.

****Weather may not cause a game to be forfeited if this occurs; the game needs to be rescheduled within the week or sometime before the season ends.**

***** Schools must provide workers who have prior knowledge in the event they are working on. If a problem occurs, the school coach must provide a soccer coach to continue with the event in question.**

BOYS BASEBALL SCHEDULE

2019-2020

7th & 8th GRADE

Tuesday	NOV. 5	DISTRICT GAME
Tuesday	NOV. 12	DISTRICT GAME
FRIDAY	NOV. 15	DISTRICT GAME
SATURDAY	NOV. 16	NON-DISTRICT TOURNAMENT
Tuesday	NOV. 19	DISTRICT GAME
Tuesday	DEC. 3	DISTRICT GAME
Tuesday	DEC. 10	DISTRICT GAME
Tuesday	DEC. 17	DISTRICT GAME

BOYS BASEBALL SCHEDULE

2018-2019

7th & 8th GRADE

NOV. 5 (TUES)		NOV. 12 (TUES)
V. VIEW @ BL GRAY		BL GRAY@K.WHITE
K. WHITE@MJH		MJH @ CANTU
CANTU@ALTON		NORTH @ V. VIEW
NORTH (BYE)		ALTON (BYE)
DISTRICT GAME- NOV.15 (FRI)		
NON-DISTRICT-NOV. 16 (SAT)	NOV.19 (TUES)	DEC. 3 (TUES)
K.WHITE@CANTU	ALTON@K.WHITE	V.VIEW@K.WHITE
V.VIEW@ALTON	BL GRAY@NORTH	NORTH@CANTU
MJH@NORTH	MJH@V.VIEW	BL GRAY@ALTON
BL GRAY (BYE)	CANTU(BYE)	MJH(BYE)
Dec. 10 (TUES)	DEC. 17 (Tues)	
CANTU@V.VIEW	CANTU@BL GRAY	
ALTON@NORTH	ALTON@MJH	
MJH@B.L. GRAY	K.WHITE@NORTH	
K-WHITE(BYE)	V.VIEW (BYE)	

**** 8TH & 7TH TEAMS WILL FOLLOW 8TH GRADE SCHEDULE

***NON-DISTRICT TOURNAMENT NOVEMBER 1 & 2

***DISTRICT/ NON-DISTRICT TOURNAMENT NOVEMBER 15 & 16

*** 7TH 5:30 PM / 8TH 7:00 PM

BOYS BASEBALL PLAN

2019-2020

- I. Game Days and Times**
 - 1. Games will be played on Tuesday
 - 2. Starting time 5:30 pm
 - 3. tournament will include Friday and Saturday
- II. Game Site**
 - 1. The home team will designate the site of the game
- III. Postponed games**
 - 1. In the event of a postponed game due to inclement weather, the game will be rescheduled for the same week up to Saturday.
- IV. Officials**
 - 1. Must be with the association
 - 2. Will be paid in accordance with UIL rules
- V. Assignment**
 - 1. Two officials (at least 1 for junior high), assigned by the assigning secretary, will be paid for by the home team.
- VI. Lack of Officials**
 - 1. If only one official shows up: Game will be played. If no officials show up, the game must be officiated by another Coach or school personnel.
 - 2. Cannot use people from the stands to assist the official present. Must be school personnel.
- VII. Rules**
 - 1. The UIL Rules shall govern district game. Recommendations from rulebook should be adhered to.
 - 2. Must follow the UIL rule on Jr. High pitch count. Pitch count needs to be charted on official UIL pitch count form. Home team is responsible for keeping count.
 - 3. Pitch count sheet must be submitted to the District chair. 24 hours following the game.
- VIII. BASEBALL RULES**
 - 4. 1 ½ hour time limit. If an inning starts before the end of regulation time, then the inning must be completed. No inning stall start after 1 hour and 15 minutes.
 - 5. 3 runs in a single inning or 3 outs shall constitute a complete half inning
 - 6. No extra innings
 - 7. 1st game will begin at 5:30pm and next will begin 15 minutes after completion of first game.
 - 8. In regular schedule games all ties stay tied except in Tournament play, all ties are broken by how many runners reached 3rd base.
- IX. EQUIPMENT**
 - 1. 8th grade must use a drop 3 bat, 7th grade can use a drop 5 bat.
 - 2. No metal cleats.**
 - 3. Each team must provide two game balls.
 - 4. Coaches must be in baseball attire, (coaches must wear baseball pants or school colors.)

Standard: 7th/8th Grade team must have a minimum of 13 players per team.

GIRLS SOFTBALL SCHEDULE
2019-2020
7th & 8th GRADE

THURSDAY	APRIL 2	DISTRICT GAME
SATURDAY	APRIL 4	NON DISTRICT TOURNAMENT
THURSDAY	APRIL 9	DISTRICT GAME
THURSDAY	APRIL 16	DISTRICT GAME
SATURDAY	APRIL 18	NON DISTRICT TOURNAMENT
THURSDAY	APRIL 23	DISTRICT GAME
THURSDAY	APRIL 30	DISTRICT GAME
THURSDAY	MAY 7	DISTRICT GAME
THURSDAY	MAY 14	DISTRICT GAME

GIRLS SOFTBALL SCHEDULE

2019-2020

8th GRADE

April 2 (Thurs) District

April 4 (Sat) non district

V VIEW @ BL GRAY
K-WHITE @ MJH
CANTU @ ALTON
NORTH (BYE)

April 9 (Thurs)

BL GRAY @ K-WHITE
MJH @ CANTU
NORTH @ V VIEW
ALTON (BYE)

APRIL 18 (SAT) TOURNAMENT

April 16 (THURS)

K-WHITE @ CANTU
V VIEW @ ALTON
NORTH @ MJH
BL GRAY (BYE)

April 23 (Thurs)

ALTON @ K-WHITE
BL GRAY @ NORTH
MJH @ V. VIEW
CANTU (BYE)

April 30 (Thurs)

V. VIEW @ K-WHITE
NORTH @ CANTU
BL GRAY @ ALTON
MJH (BYE)

May 7 (Thurs)

CANTU @ V. VIEW
ALTON @NORTH
MJH @ BL GRAY
K-WHITE (BYE)

MAY 14 (Thurs4)

CANTU @ BL GRAY
ALTON @ MJH
KWHITE @ NORTH
V. VIEW (BYE)

****** 8TH & 7TH TEAMS WILL FOLLOW 8TH GRADE SCHEDULE**

*****DISTRICT/ NON-DISTRICT TOURNAMENT APRIL 2/4 AND APRIL 16/18**

TOURNAMENT TROPHIES 1-2-3 PLACE

GIRLS SOFTBALL PLAN

2019-2020

I. Game Days and Times

1. Games will be played on Thursday
2. Starting time 5:30 pm
3. tournament will include Friday and Saturday

II. Time Schedule

1. Pre-game warm-up schedule: Each team will be allowed ample time to warm up on the playing field prior to the start of the game.
2. Teams may take additional warm-up in a designated area provided by the home team

III. Game Site

1. The home team will designate the site of the game

IV. Postponed games

1. In the event of a postponed game due to inclement weather, the game will be rescheduled for the same week up to Saturday.

V. Officials

1. Must be with the association
2. Will be paid in accordance with UIL rules

VI. Assignment

1. Two officials (at least 1 for junior high), assigned by the assigning secretary, will be paid for by the home team.
2. If a visible time clock is available, it must be used and will keep the official time. If a visible time clock is unavailable, the umpire will keep the official time

VII. Lack of Officials

1. If only one official shows up: Game will be played. If no officials show up, the game must be officiated by another Coach or school personnel.
2. Cannot use people from the stands to assist the official present. Must be school personnel.
3. There will be no overtime played in sub-varsity games

VIII. Rules

1. The UIL Rules shall govern district GAMES. Recommendations from rulebook should be adhered to.

SOFTBALL RULES

2. 1 ½ hour time limit. If an inning starts before the end of regulation time, then the inning must be completed. No inning stall start after 1 hour and 15 minutes.
3. 3 runs in a single inning or 3 outs shall constitute a complete half inning
4. No extra innings
5. 1st game will begin at 5:30pm and next will begin 15 minutes after completion of first game.
6. In regular schedule games all ties stay tied except in Tournament play, all ties are broken by how many runners reached 3rd base and if a tie still remains the outcome will be determined by a flip of a coin.
7. No metal cleats shall be worn by any team member
8. Home team for district games must have adult on the book and at tournaments can be an adult or student.
9. Games must include 9 players to begin the game, but if an injury occurs during the game (verified by the trainer), game can continue with 8 players.
10. Home team must provide 2 new game softballs for the game.

Standard: 7th/8th Grade team must have a minimum of 13 players per team.

BOYS AND GIRLS TRACK MEET PLAN

2019-2020



1. Items:

1. Meet referee will be responsible for all calls. Games committee and person running the event will be called upon for assistance if there is a rules appeal on the meet referee.
2. Warm-up area: Only athletes that will be racing soon will be allowed in the warm up area. Coaches may be on the field during all running events.
3. Athletes not competing in an event must be seated in the stands.
4. A licensed Athletic Trainer will be provided for emergencies.
5. Coaches, be advised to keep your distance from all field judges.
6. Athletic Directors or Coordinators will have one vote per school on an appeal of a ruling made by the meet referee.
7. Rubber bands are allowed, but objects such as beads will not be allowed during competition.
8. caps, or bandanas will not be allowed during competition.
9. Give athletes ample time to rest between events when participating in field events and running events.
10. Shot / Discus will be weighed and marked prior to competition (Girls shot 6 pounds and Boys 4 kilo, Girls Discus 1K and Boys 1K).
11. 3200 meter run will be run separately.
12. Hurdle Heights:
 - i. 100 meter girls 30"
 - ii. 110 meter boys 36"
 - iii. 300 meter girls 30"
 - iv. 300 meter boys 30"
13. **Two Day Track Meet**
 - i. Monday Field events starting at 5:00 pm, 3200 meter run included that night at 5:00pm.
 - ii. Wednesday Running events starting at 5:00pm.
14. Pole Vault – athlete must use weight appropriate pole, pole must show weight and athlete must be weighed in at the District Meet. Athlete's weight must be equivalent to the pole's indicated weight limit or under.
15. Each school will be responsible to feed their adult workers .

***** Schools must provide workers who have prior knowledge in the event they are working on. If a problem occurs, the school coach must provide a track coach to continue with the event in question.**

BOYS AND GIRLS CROSS COUNTRY PLAN

2019-2020



1. District host will be decided before the cross country season starts by the districts athletic directors.
2. There will be 4 divisions:
 - a. 8th grade girls (WILL BE THE FIRST RACE)
 - b. 8th grade boys
 - c. 7th grade girls
 - d. 7th grade boys
3. The course will be 3200 meters long.
4. The games committee will be called upon for assistance if there is a concern that arises during the meet. The games committee will consist of head coaches of teams that are not involved in the concern.
5. A licensed athletic trainer will be provided for emergency purposes.
6. Uniform regulations will be enforced. Coaches please adhere to the uniform regulations cited in the NHFS & UIL track and field manual.
7. National High School Federation rules and UIL rules will be followed.
8. Schools must provide 2 workers if needed who are knowledgeable in the area they are going to work.
9. Time of the meet will be determined by the head coaches of each participating school.
10. District meet will start at 8:00 am with the order listed above.
11. At the district meet, runners will be removed from the course after 20 minutes.

***** Schools must provide workers who have prior knowledge in the event they are working on. If a problem occurs, the school coach must provide a track coach to continue with the event in question.**

TENNIS TOURNAMENT PLAN

2019-2020



Date:	Saturday Feb 1 th , 2020
Entry Deadline:	Tuesday before the tournament is held at 12:00 pm
Draw:	Tuesday before the tournament at 7:00 pm
Event:	7 th and 8 th Girls and Boys Singles 7 th and 8 th Girls and Boys Doubles 7 th and 8 th Mixed Doubles
Play:	Saturday, at 8:00 am- Each match will consist of an 8 game pro-set with a tie-breaker played to 8 all.
Headquarters:	Site Directors main courts
Seeding:	Seeding will be given to the top four players in each event along with the placing of other players. Seeding will be based on past tournaments play during the season.
Awards:	1 st , 2 nd , 3 rd place in each event will receive individual trophies. Team trophy will be given for 1 st place for each division (boys 7 th , girls 7 th , boys 8 th , and girls 8 th)
Scoring:	Points will be given to teams based on standard practices of counting the top two team players as point getters. Mixed doubles points will be split. A new point system may be considered at the August coaches meeting.

***** Schools must provide workers who have prior knowledge in the event they are working on. If a problem occurs, the school coach must provide a tennis coach to continue with the event in question.**

BOYS AND GIRLS GOLF PLAN

2019-2020

I. Fees:

1. A \$15.00 maximum per day entry fee (including range fee for each invitational tournament held at Municipal golf course. A \$5.00 maximum per student (including range fee) for each invitational tournament held on Private or Country Club golf courses

II. REGULAR TOURNAMENTS:

1. Prior to the first tournament of the season, coaches will meet to set up tournament dates and to determine who will be hosting tournaments.
2. All Tournaments will be 7 holes for the girls, 7 holes for the boys. Holes will be predetermined by coaches at the coach's meeting. District 9 holes will be played.
3. Players will be required to pick up once 3 over par have been attained.
4. Balls hit into water hazards may be dropped on the opposite side in a marked drop zone with a penalty stroke. Drop zones will be predetermined by coaches prior to the first tournament of the season.
5. Play-offs between individuals as well as teams will be score card based
6. For individual ties, tie-breakers will be based on handicap
7. Tie-breaker between teams will be based on who has the lowest individual score on the team. If still tied, we will go to the next lowest score on the team.
8. Seventh and eighth graders will be on mixed teams.
9. **Schools will be limited to ten girls and ten boys from each district for tournament play.**
10. Parents may rent a cart at the regular club rate if they wish to observe players during tournaments.
11. Parents must stay on the cart path only and may not coach or advise the players in any capacity during tournament play.
12. Only coaches may determine rulings in questionable situations during tournament.
13. Players will exchange scorecards during tournament.
14. Every stroke will be counted, including whiffs occurring on the tee box, in the fairway, or in hazards.
15. Golfers may use pull carts
16. There will be a minimum of five tournaments per season.
17. Each district school will be responsible for providing their own administrative support when HOSTING tournaments.
18. For district tournament-schools must provide 4 WORKERS FOR FRIDAY.
19. Tournament of Friday must begin after the end of the school day for all schools

III. DISTRICT TOURNAMENT

1. Each coach will provide a list of the top ten players on or before the Friday prior to the district tournament for the purpose of seeding.
2. There will be no more than six players per group during tournament play.
3. A list of monitors will be provided by each coach on or before the Friday prior to the district tournament for planning purposes.
4. High school golfers or coaches may be used as monitors. Must provide workers that have prior knowledge in golf. If no workers show up then the coach of the school must work the event.
5. Parents may not serve as monitors.
6. Trophies will be given to the 1st place team winner.
7. Trophies will be given to individual players on the 1st, 2nd, and 3rd place teams.
8. Trophies will also be given to individual winners 1st through 3rd place.
9. Hosting school will need to provide five trophies per team place.

***** Schools must provide workers who have prior knowledge in the event they are working on. If a problem occurs, the school coach must provide a golf coach to continue with the event in question.**

Boys and Girls Swimming Plan

2019-2020



MEETS

All meets will be scheduled by each team's respective coach excluding the District meet which will be held as agreed upon by the participating schools in accordance with UIL standards.

ASSIGNMENT OF OFFICIALS:

- a. It is recommended that at least four officials shall be hired and paid by the host team for invitational meets. The suggested rate of pay will be **\$50.00** for the duration of the meet for the Starter and Referee. Other officials may be paid at a rate of **\$30.00** per contest.
- b. It is recommended for dual meets and invitational's that officials be certified by the UIL.
- c. It is recommended that 4 officials be USA certified as well as UIL certified.

The District meet: The meet time and place will be determined by the host team as per availability of the meet officials and facility. It is suggested that diving warm-up start on Friday at 4:00 pm and the diving meet start before 4:30 pm. It is suggested the swim meet warm-up start at 8:00 am and the meet start at 9:00 am on Saturday.

1. The District Meet will be held at Mission Aquatic Center.
2. **Entries will be due Wednesday (April 22th) prior to the District Meet at the host's pool after 6:00pm.** Entries must follow UIL rules and regulation. Late entries or changes to entries will be accepted at 7:30 – 8:00am. Entries must be submitted on Hy-Tek disk with a hard copy which will be the official entry list. It is required that the times listed reflect what the swimmer has done during the current season. Dive sheets for each diver must be completed and printed out from Ediver. Signed and turned in with the swimming entries.
3. Medals will be awarded for 1st-3rd place in all events. Ribbons will be provided to 4th-8th places if the district chair approves. Awards will be the responsibility of the District Chair.
4. A maximum of 4 events per swimmer. 2 individual & 2 relay or 1 individual & 3 relays. Each swimmer & diver must represent their school, not the city unless there are not enough swimmers in that school for relays if this occurs, they then may swim as an exhibition relay with another school.
5. 4 swimmers per event & only 1 relay per event. Exhibition swimmers will be allowed.
6. DIVING: 6-dives/ four categories.

SWIMMING Meet

1. RULES:

The National Federation of High School Rules shall govern League Meets. UIL Rules if different from the National Federation Rules will be enforced.

2. SECURITY:

The host school will provide security and/or administrator in accordance with the School District's policy.

3. INVITATIONALS:

- a. Each school district that will host a meet will set a time, date, and site for their invitational.
- b. The meet will be run using HY-Tek Meet Manager and Ediver software that is able to integrate results with the program run at the Regional Meet and post with TISCA. The meet director will be responsible for and have full authority for the management of the meet.
- c. The original host institution is the meet director, even if there is a change in site.
- d. An athletic trainer needs to be available and provided for by the host team and on deck at all times.
- e. Host facility will provide a minimum of 2 (3 is preferred) lifeguards for the meet.

4. TIME SCHEDULE:

- a. Starting time of dual meets shall be by mutual agreement.
- b. A minimum of 30 minutes warm-up shall be provided prior to the start of the meet.
- c. When possible lane assignments for warm-up will be assigned. All warm-ups need to be controlled for safety, following the UIL guidelines.

5. Filming:

- a. Videotaping or filming must follow UIL regulations. Video and photograph is prohibited from being taken behind the starting block area.

6. COACHES RESPONSIBILITY:

- a. It is required that the district chairperson or meet host finds a trainer for the district meet.
- b. The coaches are responsible for the behavior of their teams and themselves at all meets. An administrator will report undesirable behavior to the DISTRICT EXECUTIVE COMMITTEE.
- c. Fairness and sportsmanship are integral parts of all swimming and diving events; i.e., good sportsmanship is not only expected but it is required of all participants.

7. Each school must provide 2 Coaches.

***** Schools must provide workers who have prior knowledge in the event they are working on. If a problem occurs, the school coach must provide a swim coach to continue with the event in question.**

District Trophies and Ribbons 2019-2020



1st Place Team Trophies Awarded:

VOLLEYBALL 8A - 8B - 7A - 7B

FOOTBALL 8A - 8B - 7A - 7B

BASKETBALL 8A - 8B - 7A - 7B

SOCCER 7th Girls, 8th Girls, 7th Boys, 8th Boys.

TRACK 7th Girls, 8th Girls, 7th Boys, 8th Boys.

CROSS COUNTRY 7th Girls, 8th Girls, 7th Boys, 8th Boys.

MEDALS (4) 1ST PLACE, (4) 2ND PLACE, (4) 3RD PLACE

(4) 4TH PLACE (4) 5TH PLACE, (4) 6TH PLACE, (4) 7TH PLACE

(4) 8TH PLACE (4) 9TH PLACE, (4) 10TH PLACE

RIBBONS (40) PARTICIPATION 11-20 RIBBONS

SWIMMING & DIVING

TEAM TROPHIES

BOYS 1ST, 2nd, & 3rd

GIRLS 1st, 2nd, & 3rd

1ST PLACE MEDALS- 50

2ND PLACE MEDALS-50

3rd PLACE MEDALS-50

4TH PLACE RIBBONS-50

5TH PLACE RIBBONS-50

6TH PLACE RIBBONS-50

7TH PLACE RIBBONS-50

8TH PLACE RIBBONS-50

GOLF

TEAM TROPHY

BOYS 1st, 2nd, & 3rd

GIRLS 1st, 2nd, & 3rd

INDIVIDUAL TROPHIES (Top Scorer) 6" size trophy

BOYS 1ST, 2ND, 3RD

GIRLS 1ST, 2ND, 3RD

TEAM INDIVIDUALS - 6" Trophy

BOYS 5-1ST PLACE ; 5- 2nd place, 5- 3rd place

GIRLS 5-1ST PLACE; 5- 2nd place, 5- 3rd place

TRACK

7th Girls, 8th Girls, 7th Boys, 8th Boys.

MEDALS (120) 1ST PLACE, (120) 2ND PLACE, (120) 3RD PLACE

Ribbons (120) 4TH PLACE (120) 5TH PLACE, (120) 6TH PLACE

Invitational Meet

Tournaments will award 1st 2nd and 3rd places Trophies

Tennis District Trophy List

7th Grade

Girls Singles = 1st, 2nd, 3rd (1 each) = 3 Total

Girls Doubles = 1st, 2nd 3rd (1 to each player on the team) = 6 Total

Boys Singles = 1st, 2nd, 3rd (1 each) = 3 Total

Boys Doubles = 1st, 2nd 3rd (1 to each player on the team) = 6 Total

Mixed Doubles = 1st, 2nd 3rd (1 to each player on the team) = 6 Total

Team Trophies = 1st (boys and girls) = 4 Total

Total Individual Trophies = 24

Total Team Trophies = 4

Girls Singles = 1st, 2nd, 3rd (1 each) = 3 Total

Girls Doubles = 1st, 2nd, 3rd (1 to each player on the team) = 6 Total

Boys Singles = 1st, 2nd, 3rd (1 each) = 3 Total

Boys Doubles = 1st, 2nd, 3rd (1 to each player on the team) = 6 Total

Mixed Doubles = 1st, 2nd, 3rd (1 to each player on the team) = 6 Total

Team Trophies = 1st (boys and girls) = 4 Total

Total Individual Trophies = 24

Total Team Trophies = 4

Total Individual Trophies = 48

Total Team Trophies = 8

**UNIVERSITY INTERSCHOLASTIC LEAGUE
OFFICIAL BOYS AND GIRLS DISTRICT TRACK & FIELD ENTRY FORM**

Make one copy for your district meet director, one for your file. ***Do not return to the League office.*** A regional entry form and state entry form are not required. Directors of district and regional meets will certify representatives.

Date: _____ District: _____ Conference: _____ Check One: **Boys:** _____ **Girls:** _____

School: _____ City: _____

Coach: _____ Coaches Telephone: _____ School Work #: _____

RUNNING EVENTS

- | | | | |
|----------------------|----------|----------|----------|
| 1. 3200-Meter Run | 1. _____ | 2. _____ | 3. _____ |
| 2. 400-Meter Relay | 1. _____ | 2. _____ | 3. _____ |
| | 4. _____ | 5. _____ | 6. _____ |
| 3. 800-Meter Run | 1. _____ | 2. _____ | 3. _____ |
| 4. 110-Meter Hurdles | 1. _____ | 2. _____ | 3. _____ |
| 5. 100-Meter Dash | 1. _____ | 2. _____ | 3. _____ |
| 6. 800-Meter Relay | 1. _____ | 2. _____ | 3. _____ |
| | 4. _____ | 5. _____ | 6. _____ |
| 7. 400-Meter Dash | 1. _____ | 2. _____ | 3. _____ |
| 8. 300-Meter Hurdles | 1. _____ | 2. _____ | 3. _____ |
| 9. 200-Meter Dash | 1. _____ | 2. _____ | 3. _____ |
| 10. 1600-Meter Run | 1. _____ | 2. _____ | 3. _____ |
| 11. 1600-Meter Relay | 1. _____ | 2. _____ | 3. _____ |
| | 4. _____ | 5. _____ | 6. _____ |

FIELD EVENTS

- | | | | |
|----------------|----------|----------|----------|
| 1. Discus | 1. _____ | 2. _____ | 3. _____ |
| 2. High Jump | 1. _____ | 2. _____ | 3. _____ |
| 3. Long Jump | 1. _____ | 2. _____ | 3. _____ |
| 4. Shot Put | 1. _____ | 2. _____ | 3. _____ |
| 5. Triple Jump | 1. _____ | 2. _____ | 3. _____ |
| 6. Pole Vault | 1. _____ | 2. _____ | 3. _____ |

SIGNATURE: _____ SIGNATURE: _____
(Superintendent or Designated Administrator) (Coach)

31-5A
JUNIOR HIGH SPORT ELIGIBILITY BLANK

School: _____

Address: _____

City/zip: _____

District Chair: _____

All students in grade 7-12 must be eligible according to academic and age standards of the State Board of Education and state laws. **Although junior high students are not required to be submitted**, District 31-AAAA is requesting age and academic eligibility be submitted to the Education Committee for review.

Filing: Prior to the first contest, one copy of this form is to be faxed or sent to the chair of the District Executive Committee, and retain one copy for the local school file.

Additions: Any additions or Supplements should be on their own Eligibility Blank. (Copy this form before using your initial report).

Certification: I certify that these students are eligible under the UIL Constitution and Contest Rules at the time of participation.

Check one: Original OR Supplement

Sport: _____

Coach's Name: _____ (please print)

Coach's Signature: _____

Coach's Telephone: (956) _____ **School Telephone:** _____

Principal's Signature: _____

